



MONTROSE SCHOOL

Where girls are called to greatness

MONTROSE LIFECOMPASS INSTITUTE SPEAKER SERIES

"Instagram Ate My Daughter"

Dr. Leonard Sax

International expert on adolescent development

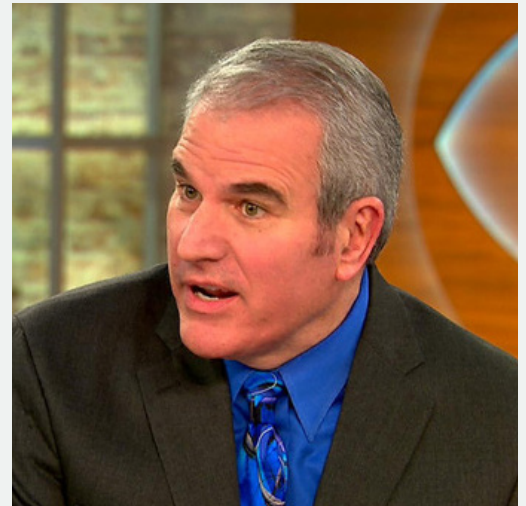
Thursday, November 9, 2017

7 PM

Free and open to the public

Research demonstrates that the more time a girl spends on social media, the more likely she is to become anxious or depressed.

- Why is this effect so strong for most girls, but much weaker for most boys?
- What do parents need to know—and do—about how their daughters are using social media?
- How can parents better understand teen development in a fast-paced changing world?



Dr. Sax is an internationally sought-after speaker and author of four books on child and adolescent development, including *Girls on the Edge* and *Boys Adrift*. He has appeared on the TODAY Show, CNN, NPR, PBS, Fox News and other international news outlets. Dr. Sax is a graduate of MIT with an MD and PhD from the University of Pennsylvania.

This presentation sponsored by the Elizabeth Schickel Foundation.

2017 National School of Character

Montrose helps young women to pursue scholarship through character formation.



Helping Your Daughter Aim for Greatness

Deborah Farmer Kris

Writer: PBS & NPR

Associate Director, Montrose LifeCompass Institute

NEXT IN THE SERIES

Thursday, February 15, 2018